

CES Newsletter **June 2026**

*CES offers free, reliable information to help parents and caregivers support children/youth development and mental health.
Our expert speakers share practical, evidence-based tips and strategies you can trust.*

June Online Webinars

June sessions explore supporting children and families through topics including Circle of Security, psychoeducational assessments, pregnancy loss, and postpartum mental health.

CES will be taking a seasonal pause and will return in September with more educational sessions.

Upcoming Webinars

FREE

click here



Not always recorded
or have handouts

Certificates will be
sent within 5 days

Missed a live presentation ?

A selection of our past
webinars is available to
watch on our YouTube
Channel



Resource Links

Recovery Alberta
Mental Health Collaborative
Access Mental Health
Participate in Research



Have an idea for a topic?

ces@recoveryalberta.ca
<https://community.hmhc.ca/>
403-955-4730



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