

Community Education Service



Improving emotional health and well being

From Homework to Housework: Raising Responsible Children For parents of children 5 – 12 years old

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Parents have a role to play in helping children establish good homework habits. Parents also play a critical role in building healthy school attitudes and effective home/school communication. Being responsible is more than just doing what you're told; it involves problem solving and decision making. Children are not born responsible; parents must teach the skills to their children. Children need to learn that their actions have consequences, good and bad and that it is their choices and decisions that largely determines what that consequence will be. They also need to learn from the consequences so that they can be a part of any solution that is required if their choices result in a need to "fix" things.

In this workshop, Parents will learn:

What role they play in teaching their child responsibility

The 3 parts to responsibility

Ways to encourage children to become responsible for themselves and their chores

How and when to start giving children chores and some age appropriate chores

Should we pay children to do chores?

Whose problem is it if the chores aren't completed?

Tips on setting up a family chore chart?

June 3, 2021 @ 6:30 – 8:00PM

FREE WEBINAR

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This session is presented by the Community Education Service of the Mental Health & Substance Use Collaborative Initiatives & Child & Adolescent Addiction & Mental Health and Psychiatry Program (CAAMHPP) of Alberta Health Services with **RVS, MHCB Stepping Stones to Mental Health.**

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